**Week 1**

**Name:**

**Mobile:**

| **Personal Development Workouts** |
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| 1. Prepare a vision board. 2. Prepare and start practicing your affirmations. |
| *A vision board is a visual tool used for manifestation and goal-setting. It typically consists of a collage of images, words, and phrases that represent the goals, desires, and aspirations of the creator. The idea is to create a visual representation of what you want to achieve and keep it in a prominent place to serve as a daily reminder and inspiration. By focusing on the images and words on the board, you can keep your goals and aspirations top of mind, which can help you stay motivated and on track towards achieving them.*  [*https://drive.google.com/file/d/1fw8HmhUlezQdrk2kX46hY7gHplvG\_0KC/view?usp=sharing*](https://drive.google.com/file/d/1fw8HmhUlezQdrk2kX46hY7gHplvG_0KC/view?usp=sharing) |
| *Affirmations are positive statements that can help you to overcome self-sabotaging, negative thoughts.*  [*https://drive.google.com/file/d/1Rg9NNcPRNcKh3HJmi7WME9uRvsUkXLOw/view?usp=sharing*](https://drive.google.com/file/d/1Rg9NNcPRNcKh3HJmi7WME9uRvsUkXLOw/view?usp=sharing) |

| **Technical Workouts** |
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| 1. Learn HTML, CSS by the end of this week. 2. Design at least two public website’s home page using HTML & CSS with maximum components.(For Eg: Home page of LinkedIn) |
| *HTML (Hypertext Markup Language) and CSS (Cascading Style Sheets) are two of the foundational technologies used in creating websites. HTML provides the structure and content of a webpage, while CSS is used to define the visual presentation and layout of the content.*  *HTML uses tags to indicate the structure of the page, such as headings, paragraphs, lists, and links. It also allows for the inclusion of images, videos, and other multimedia content. HTML code is interpreted by web browsers to display the content of a webpage.*  *CSS, on the other hand, is used to style and layout the content that is defined in HTML. It allows for the definition of colors, fonts, sizes, positioning, and other visual aspects of the webpage. By separating the presentation from the content, CSS makes it easier to maintain the consistency and design of a website across multiple pages.*  *Together, HTML and CSS form the backbone of the modern web, providing a powerful toolset for creating engaging and interactive websites.*  *Link to the tutorials that you have followed* |
| *Link to your public websites*  *1.*[*https://harikrishnan46624.github.io/flipkart-clone/*](https://harikrishnan46624.github.io/flipkart-clone/)  *2.*[*https://harikrishnan46624.github.io/Youtube-new/*](https://harikrishnan46624.github.io/Youtube-new/)  *3.* |

| **Miscellaneous Workouts** |
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| 1. Practice typing for at least one hour each day on typing club, <http://typingclub.com/> . Finish as many chapters as possible as you can. Don't spend more than an hour each day. 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video. Topic eg: TCP/IP 3. Prepare and conduct a Feedback session by the end of this week. 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video. |
| *Practice in typing improve the speed of typing*  [*https://drive.google.com/file/d/18OS7geVrmbynRvAGkvFgmFZNzIP11lWZ/view?usp=sharing*](https://drive.google.com/file/d/18OS7geVrmbynRvAGkvFgmFZNzIP11lWZ/view?usp=sharing) |
| *An artificial intelligence seminar is an event where individuals gather to discuss and learn about the latest advancements and trends in the field of artificial intelligence (AI). These seminars may be geared towards researchers, academics, industry professionals, or anyone interested in AI and its applications.*  *During an AI seminar, attendees may listen to talks or presentations given by experts in the field, participate in hands-on workshops or tutorials, and network with other professionals. Topics covered may include machine learning, natural language processing, computer vision, robotics, and more*    [*https://youtu.be/jxszQwpq4HU*](https://youtu.be/jxszQwpq4HU) |
| *Link to the document containing notes for your feedback session* |
| *In a week of using HTML and CSS, one can make significant progress in creating a basic website. HTML can be used to create the structure and content of the website, while CSS can be used to add visual style and layout to the content.*  *In the first few days, one can become familiar with the basic syntax of HTML, learning how to create headings, paragraphs, lists, and links. This can be done by following tutorials or using online resources such as W3Schools.*  *Next, one can move on to CSS, learning how to style and layout the content created with HTML. This involves understanding the box model, learning how to add colors and fonts, and positioning elements on the page.*  *By the end of the week, one can create a basic website with a header, navigation, main content, and footer, all styled with CSS. This can be done by practicing with simple examples and gradually building up to more complex designs.*  *Link to your progress video* |